

## **Prayer Wheel (How to Spend Time in Prayer)**

### **1) Praise (5 mins)**

Start your prayer hour by praising the Lord. Praise Him for what He has done for in your life this past week. Praise Him for the breakthrough He is about to bring into your season. (Psalm 34:1)

### **2) Waiting (5 mins)**

Spend this time waiting on the Lord. He will renew your strength as you begin to engage Him in this time of prayer. Think about the hour before you and the breakthrough you want this season. (Psalm 27:11, Isaiah 40:31)

### **3) Confession (5 mins)**

Ask the Holy Spirit to show you anything which might be displeasing to Him. Ask Him to point out attitudes that are wrong and invite Him in to speak into those areas. Confess that to Jesus and He will release healing over those areas. (2 Chron 7:14, 1 John 1:9)

### **4) Read the Word (5 mins)**

Spend time reading promises of God in the Psalms, Prophets and passages on prayer located in the New Testament. Check your concordance. You can also go to the Bible App and do a devotional reading of the day. (Psalm 119:97)

### **5) Petition (5 mins)**

This is a general request for others. Pray through your prayer list, prayer cards, personal prayer requests on behalf of yourself and others. (Hebrews 4:16, Numbers 6:24-26)

### **6) Intercession (5 mins)**

Bring to God your specific requests/petitions, ask Him to shine His light upon everyone who is in fear or doubt. Pray that COVID-19 will be a defining moment for the church to rise up love in word and in deed. (Romans 15:30-33)

### **7) Pray the Word (5 mins)**

Declare the Word you have been reading and offer it unto Jesus. An example can be found in Psalm 119:38-46

**8) Thanksgiving (5 mins)**

Spend these minutes giving thanks to the Lord for the things in your life, things on behalf of the church and community. Thank Him in advance of the breakthrough He is about to bring. (Phil 4:6)

**9) Singing (5 mins)**

Go to YouTube, Spotify and offer a song to the Lord. If you have a hymnal, use it and sing to the Lord. Let this be a time of praise and worship (Psalms 59:17)

**10) Meditate (5 mins)**

Ask the Lord to speak back to you. Feel free to have a notepad and pen with you as you think on these things. Be ready to relate the impressions that He makes upon your life. (Psalm 63, Phil 4:8)

**11) Listen (5 mins)**

Spend time merging the things you have read from the Word, the things you have prayed, the things you have thanked the Lord, the things you have been singing. Invite Him in as He brings them all together and speak to you. (1 Sam 3:9-10)

**12) End with Praise**

Praise the Lord for the time you have had individually or collectively. Pray out Lord, sing it out and receive the blessings He poured out. This private act of sacrificial service unto the Lord will be rewarded in the open. (Psalm 145:1-13, Matt 6:4 – 6)